



HERE IS A SET OF INSTRUCTIONS THAT I BELIEVE WORKS WELL FOR MANY PEOPLE, AND HAVE USED THIS METHOD ON MYSELF WITH GREAT SUCCESS!

-LEAVE YOUR SECOND SKIN ON FOR 2-5 DAYS! THIS HELPS YOUR TATTOO HEAL FASTER, AND KEEPS BACTERIA OUT OF YOUR WOUND. IF YOUR BANDAGE IS BOTHERING YOU (IE: LEAKING, HEAT RASH, SENSITIVE AROUND THE EDGES) YOU SHOULD REMOVE THE BANDAGE AND WASH THE TATTOO WITH ANTI-BACTERIAL SOAP (SUCH AS DIAL ANTIBACTERIAL HAND SOAP OR THE SOAP PROVIDED IN THE ELECTRIC GATOR TATTOO HEALIN' KIT) TO REDUCE YOUR RISK OF INFECTION. ALSO USE LUKE-WARM WATER AS OPPOSED TO HOT WATER, WHICH WOULD BURN THE TATTOO. IT IS IMPORTANT TO WASH THE TATTOO LIGHTLY WITH YOUR HAND, BUT BE SURE TO REMOVE ALL BLOOD, PLASMA, BANDAGE ADHESIVE, AND ANY OTHER RESIDUE (IF BANDAGE ADHESIVE IS STUBBORN, BABY OIL TAKES IT RIGHT OFF! JUST MAKE SURE TO WASH IT AGAIN AFTERWARDS).

AVOID THESE THINGS TO HEAL YOUR TATTOO WITHOUT ANY TROUBLE:

- 1- DON'T SLEEP ON YOUR NEW TATTOO
- 2- DON'T SUBMERGE YOUR NEW TATTOO UNDER WATER.
- 3- AVOID THE SUN.
- 4- AVOID TIGHT CLOTHING THAT WILL RUB YOUR TATTOO.
- 5- AVOID OVERWORKING YOUR TATTOO— TAKE A BREAK FROM THE GYM!

-AFTER WASHING THE TATTOO, LET IT AIR DRY, OR DAB IT DRY WITH A PAPER TOWEL. APPLY AN UNSCENTED, WATER BASED LOTION, COCONUT OIL, BACITRACIN, OR AQUAPHOR.

(OR THE COCONUT OIL AND HEMP HEART LOTION INCLUDED IN THE ELECTRIC GATOR TATTOO HEALIN' KIT, THIS WORKS BEST FOR ME)

I WOULD RECOMMEND STAYING AWAY FROM VASELINE AND PETROLEUM JELLY, THESE CAN CAUSE YOUR TATTOO TO ATTRACT MORE BACTERIA!

IF YOU DO DECIDE TO USE AQUAPHOR OR BACITRACIN, IT IS VERY IMPORTANT TO ONLY USE A VERY TINY AMOUNT OF OINTMENT THAT YOU LIGHTLY RUB INTO A THIN, SHINY, "BARELY THERE" LAYER OVER THE TATTOO. THE TATTOO SHOULD JUST HAVE A SLIGHT SHEEN. USING TOO MUCH OINTMENT CAN OVER SATURATE THE TATTOO AND CAUSE EXCESS SCABBING OR SCABS TO COME OFF PREMATURELY. IT IS NOT "THE MORE THE BETTER."

-I WOULD RECOMMEND USE OF THE OINTMENT FOR AROUND 3-5 DAYS, AND LOTION INDEFINITELY. FOR 3-5 DAYS, WASH YOUR TATTOO EVERY MORNING RIGHT WHEN YOU WAKE, AND RIGHT BEFORE BED.

IF YOU DO NOT KEEP YOUR TATTOO CLEAN, YOU RUN THE RISK OF BOTH INFECTION AND EXCESS SCABBING WHICH COULD RESULT IN POOR HEALING. DURING THESE FIRST FEW DAYS, DEPENDING ON WHERE YOUR TATTOO IS LOCATED THE TATTOO MAY BE PRONE TO SWELLING— ELEVATING THE TATTOOED AREA, TAKING TURMERIC SUPPLEMENTS, OR TAKING IBUPROFEN CAN HELP REDUCE THE SWELLING.

-AROUND THE 3-5TH DAY, YOU SHOULD NOTICE YOUR TATTOO HAS FORMED A THIN, HARD LAYER, WHICH WILL BEGIN TO PEEL. THE PEELING IS SIMILAR TO THAT OF A SUNBURN PEELING, ONLY THE SKIN WILL COME OFF IN THE COLORS OF THE TATTOO, THIS IS NORMAL. FOR THE NEXT 2 WEEKS, KEEP WASHING THE TATTOO AND USE THE LOTION AS NEEDED. KEEP THE SKIN MOISTURIZED TO PREVENT CRACKING AND BLEEDING. THERE MAY BE A COUPLE SCABS ON YOUR TATTOO THAT TAKE LONGER TO COME OFF THEN OTHERS, SOME TAKING UP TO A FEW WEEKS TO COME OFF. IF THIS IS THE CASE JUST LET THE SCABS FALL OFF ON THEIR OWN AND BE MINDFUL NOT TO PULL THEM OFF PREMATURELY, AS THIS COULD RESULT IN LOSS OF INK. THE MAJORITY OF YOUR TATTOOS HEALING SHOULD BE OVER IN 2 WEEKS, BUT IT DOES TAKE UP TO 4 WEEKS FOR A TATTOO TO BE FULLY HEALED.

Thank you!
Gator